

## Pr 072 - DH Physiotherapy JSP Rates Jan 2023

The Discovery Health Rates are applicable for services rendered with effect 01 January 2023. The Discovery Health Rate is applicable to all schemes administered by Discovery Health, except for Bankmed Medical Scheme and Netcare Medical Scheme.

'Blank': There is no fixed amount for this code. Discovery Health Medical Scheme will pay the claimed amount subject to the Discovery Health Medical Scheme benefit rules, available funds and benefits.

R0.00: Discovery Health Medical Scheme does not pay for this procedure code.

Please note: This document should be used for obtaining the Discovery Health Rate only and does not contain billing rules and guidelines. All rates are VAT inclusive and in ZAR.

For detailed code descriptions please visit: <https://www.medicalschemes.com/Publications.aspx> and select NHRPL Schedules on the left hand side and select "2006 Lists (version 0.6) from the Category dropdown list.

Practice Type	Procedure Code	Procedure Description	Scheme Rate
072	72001	Infra-red, Radiant heat, Wax therapy Hot packs	61.40
072	72005	Ultraviolet light	122.80
072	72006	Laser beam	184.10
072	72007	Cryotherapy	61.40
072	72103	Galvanism, Diodynamic current, Tens.	122.80
072	72105	Muscle and nerve stimulating currents.	147.30
072	72107	Interferential Therapy.	122.80
072	72201	Shortwave diathermy.	74.00
072	72203	Ultrasound.	122.80
072	72204	Extracorporeal Shockwave Therapy	245.50
072	72205	Microwave.	74.00
072	72300	Vibration	122.80
072	72301	Percussion	197.60
072	72302	Massage	122.80
072	72303	Myofacial release/soft tissue mobilisation, one or more body parts	246.60
072	72304	Acupuncture	184.10
072	72305	Re-education of movement/Exercises (excluding ante- and post-natal exercises)	122.80
072	72307	Pre- and post-operative exercises and/or breathing exercises	122.80
072	72308	Group exercises (excluding ante- and post-natal exercises - maximum of 10 in a group)	122.80
072	72309	Isokinetic treatment.	122.80
072	72310	Neural tissue mobilisation	245.50
072	72313	Ante and post natal exercises/counselling	122.80
072	72314	Lymph drainage	61.40
072	72315	Postural drainage.	122.80
072	72317	Traction.	122.80
072	72318	Upper respiratory nebulisation and/or lavage	122.80
072	72319	Nebulisation	122.80
072	72321	Intermittent positive pressure ventilation.	122.80
072	72323	Suction: Level 1 (including sputum specimen taken by suction)	61.40
072	72325	Suction: Level 2 (Suction with involvement of lavage as a treatment in a special unit situation or in the respiratory compromised patient)	246.60
072	72327	Bagging (used on the intubated unconscious patient or in the severely respiratory distressed patient).	61.40
072	72328	Dry needling	184.10
072	72401	Spinal.	184.10

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072	72402	Pre meditated manipulation	122.80
072	72405	All other joints.	184.10
072	72407	Immobilisation (excluding materials). Rule 008 does not apply.	184.10
072	72501	Rehabilitation where the pathology requires the undivided attention of the physiotherapist. Rule 008 does not apply. Duration: 30min.	306.90
072	72502	Hydrotherapy where the pathology requires the undivided attention of the physiotherapist. Rule 008 does not apply. Duration: 30min.	306.90
072	72503	Rehabilitation for Central Nervous System disorders - condition to be clearly stated and fully documented (No other treatment modality may be charged in conjunction with this). Duration: 60min.	675.10
072	72504	EMG Biofeedback treatment	184.10
072	72505	Group rehabilitation. Treatment of a patient with disabling pathology in an appropriate facility requiring specific equipment and supervision, without individual attention for the whole treatment session, no charge may be levied by facility	181.70
072	72506	Stress management	245.50
072	72507	Respiratory Re-education and Training. Duration: 30min.	184.10
072	72509	Rehabilitation. Each additional full 15 mins. Where the pathology requires the undivided attention of the physiotherapist. (Rule 0008 does not apply.) Can only be used with codes 501, 502, 507 or 503 to indicate the completion of an additional 15 minutes. A maximum of two instances of this code may be charged per session.	184.10
072	72701	Evaluation/counselling at the first visit only (to be fully documented)	184.10
072	72702	Complex evaluation/counselling at the first visit only (to be fully documented).	368.30
072	72703	One complete re-assessment of a patient's condition during the course of treatment. To be used only once per episode of care.	184.10
072	72704	Lung function: Peak flow (once per treatment).	61.40
072	72705	Computerised/Electronic test for lung pathology	184.10
072	72706	Reports. To be used to motivate for therapy and/or give a progress report and/or a pre-authorisation report, where such a report is specifically required by the medical scheme.	184.10
072	72707	Physical Performance test. Must be fully documented.	245.50
072	72708	Interview, guidance or consultation with the patient or his family. To be used only once per episode of care.	184.10
072	72801	Electrical test for diagnostic purposes (including IT curve and Isokinetic tests) for a specific medical condition	429.60
072	72803	Effort test - multistage treadmill.	429.60
072	72901	Treatment at a nursing home : Relevant fee plus (to be charged only once per day and not with every hospital visit	122.80
072	72903	Domicilliary treatments : Relevant fee plus.	245.50
072	72937	Bird or equivalent freestanding nebuliser excluding oxygen at hospital per day.	122.80
072	72938	Bird or equivalent freestanding nebuliser excluding oxygen domicilliary per day.	122.80