

December 2023

Dear Healthcare Professional

Spinal Conservative Care Programme

Persistent spinal pain remains one of the most prevalent medical complaints across all members of schemes administered by Discovery Health. Over the past few years, spinal surgeries and related spinal care among Medical Scheme members have increased substantially with costs far exceeding R2 billion per annum.

The Spinal Conservative Care Programme aims to support the appropriate management of high-risk members who suffer from severe and debilitating spinal pain. The programme offers out-of-hospital conservative management of spinal pain through the Spinal Conservative Care Network, where clinically appropriate. The programme is available only to members who meet the clinical entry criteria and managed care protocols.

Additional information and how to participate in the Spinal Conservative Care Programme is available on our website at www.discovery.co.za under Medical aid > Benefits and cover > Do we cover > Spinal Conservative Care Programme.

2024 Tariffs for the Spinal Conservative Care Programme.

Code	Description	2024 rate
ASCP0	Initial evaluation: Allied spinal conservative programme not eligible	R842.70
ASCP1	Initial evaluation: Allied spinal conservative programme	R1,756.10
ASCP2	Midway: Allied spinal conservative programme	R2,013.60
ASCP3	Discharge: Allied spinal conservative programme	R2,341.40

Thank you once again for your ongoing partnership and for the exceptional care you continue to provide to members of the Discovery Health client medical Schemes.

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Directors: Dr A Ntsaluba (Chairperson), Dr R N Noach* (CEO), Dr J Broomberg, F Chothia*, R Farber, A Gore, F N Khanyile, N S Koopowitz, Dr T V Maphai, N Pitje*, S V Zilwa (*Executive).

Company Secretary: A C Ceba.



We are looking forward to working with you in 2024.

Please share your suggestions and comments with us at healthpartnerinfo@discovery.co.za

Regards

Darren Sweidan

Strategic Risk Management

Discovery Health

2023/09 Page 2 of 2