

Bestmed Tarrif Listing 2024_Discipline_Physiotherapists

<u>Tariff</u>	<u>Tariff description</u>	<u>Units</u>	<u>Conversion Factor</u>	<u>Value</u>
001	Wax therapy, Thermotherapy	6	260	R80.30
004	Infrared Radiant Heat Therapy (Electromagnetic Spectrum Wavelength 770-1000nM)	10	-	R133.80
005	Ultraviolet light (Electromagnetic spectrum 280-400nm)	12	260	R160.50
006	Photobiomodulation Low Frequency Laser Therapy (LLLT) and Light Emitting Diode Therapy (LEDT)	18	260	R240.80
007	Cryotherapy	6	260	R80.30
103	Galvanism, Diadynamic and TENS currents	12	260	R160.50
105	Muscle and nerve stimulating currents	15	260	R200.50
107	Interferential therapy	12	260	R160.50
201	Shortwave diathermy	6	260	R80.30
203	Therapeutic Ultrasound	10	260	R133.80
204	Extracorporeal Shockwave Therapy	23	260	R307.60
205	Microwave therapy	6	260	R80.30
206	Deep Oscillation Therapy	17	260	R227.40
300	Vibration	12	260	R160.50
301	Percussion	20	260	R267.50
302	Massage	12	260	R160.50
303	Myofascial Release / Soft tissue mobilization of one or more body parts	26	260	R347.70
304	Acupuncture	20	260	R267.50
305	Re-education of movement/Exercises (excluding ante- and post-natal exercises)	10	260	R132.50
307	Pre- and post-operative exercises and/or breathing exercises	10	260	R132.50
308	Group exercises (excluding ante- and post-natal exercises - maximum of 10 in a group)	10	260	R132.50
309	Isokinetic treatment.	10	260	R132.50
310	Neural tissue mobilisation	26	260	R347.70
313	Ante and post natal exercises/counselling	10	260	R132.50
314	Mechanical Lymphatic Drainage	6	260	R80.30
315	Postural bronchial drainage	12	260	R160.50
317	Traction	13	260	R173.90
318	Upper respiratory Nebulisation, lavage	12	260	R160.50
319	Nebulisation	12	260	R160.50
321	Intermittent positive pressure ventilation (IPPV)	13	260	R173.90
323	Suction level 1: Nasal or mouth clearance	7	260	R93.70
325	Suction level 2: Endotracheal clearance	27	260	R361.00
327	Manual Hyperinflation. To be used in the respiratory compromised patient	10	260	R133.80
328	Dry needling	20	260	R267.50
329	Manual Lymphatic Drainage	26	260	R347.70
401	Manual Spinal mobilisations	20	260	R267.50
402	Pre- meditated manual manipulation	20	260	R267.50
405	Manual Mobilisations: All other joints	20	260	R267.50

407	Bracing, Taping, Splinting, Strapping (excluding materials). This is the professional action of applying external material such as but not limited to, strapping, bandages, splints casts etc.	19	260	R254.10
501	Rehabilitation where the pathology requires the undivided attention of the physiotherapist. Rule 008 does not apply. Duration: 30min.	25	260	R330.70
502	Hydrotherapy where the pathology requires the undivided attention of the physiotherapist. Rule 008 does not apply. Duration: 30min.	25	260	R330.70
503	Rehabilitation for Central Nervous System disorders - condition to be clearly stated and fully documented (No other treatment modality may be charged in conjunction with this). Duration: 60min.	55	260	R727.10
504	EMG Biofeedback treatment	15	260	R198.00
505	Group rehabilitation. Treatment of a patient with disabling pathology in an appropriate facility requiring specific equipment and supervision without individual attention for the whole treatment session no charge may be levied by facility	12	260	R159.00
506	Stress management	20	260	R264.70
507	Respiratory Re-education and Training. Duration: 30min.	15	260	R198.00
508	Hourly rehabilitation facility fee	35	260	R468.10
509	Rehabilitation. Each additional full 15 mins. Where the pathology requires the undivided attention of the physiotherapist. (Rule 0008 does not apply.) Can only be used with codes 501 502 507 or 503 to indicate the completion of an additional 15 minutes	15	260	R198.00
600	Exercise Prescription	5	260	R66.80
601	Individual physiotherapeutic rehabilitation (0-15 min)	10	260	R133.80
602	Individual physiotherapeutic rehabilitation (16-30 min)	20	260	R267.50
603	Individual physiotherapeutic rehabilitation (31-45 min)	30	260	R401.30
604	Individual physiotherapeutic rehabilitation (45+ min)	35	260	R468.10
605	Physiotherapeutic group rehabilitation (0-30min)	15	260	R200.50
606	Physiotherapeutic group rehabilitation (31-45 min)	20	260	R267.50
607	Physiotherapeutic group rehabilitation(45+ min)	25	260	R334.30
701	Initial basic assessment once per episode of care	7	260	R93.70
702	Initial comprehensive assessment, once per episode of care	20	260	R267.50
703	Follow up assessment	7	260	R93.70
704	Lung function: peak flow	6	260	R80.30
705	Computerized test for lung pathology	19	260	R254.10
706	Report writing	18	260	R240.80
707	Physical Performance Tests	20	260	R267.50
708	Physiotherapeutic Counselling (0-15 min)	17	260	R227.40
709	Physiotherapeutic Counselling (16 -30 min)	21	260	R280.80
710	Physiotherapeutic counselling (31 -45 minutes)	29	260	R387.80
711	Physiotherapeutic counselling (45 minutes +)	32	260	R428.00
712	PHYSIOTHERAPEUTIC GROUP COUNSELLING (0-15MIN)	15	260	R200.50
713	Physiotherapeutic Group Counselling (16 -30 min)	20	260	R267.50

714	Physiotherapeutic Group Counselling (31 - 45 min)	22	260	R294.30
715	Physiotherapeutic Group Counselling (45 min+)	25	260	R334.30
720	Essential continuation of Physiotherapy care, in an after-hours situation	20	260	R267.50
721	Emergency Physiotherapy intervention	30	-	R401.30
801	Physiotherapeutic electrical diagnostic tests for a specific medical condition	46	260	R615.20
803	Effort test - multistage treadmill.	35	260	R463.00
901	Treatment at a Nursing Home or Hospital	12	260	R160.50
903	Domicilliary treatments	25	260	R334.30
937	IPPV or equivalent free-standing nebuliser	12	260	R160.50
938	Bird or equivalent freestanding nebuliser excluding oxygen domicilliary per day.	10	260	R132.50
942	Administration cost for data capturing	15	260	R200.50
JBPHY1	Hip and Knee Arthroplasty Global Fee - Physiotherapist	1	-	R3,391.00